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# Listening in on Service-Learning

2016

## November Issue

**Coordinated by Student Life** 



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NOVEMBER HIGHLIGHTS



NEED TO KNOW



UPCOMING EVENTS



# **November Highlights**



PHI THETA KAPPA SERVICE PROJECT

Project Linus

Providing Security Through Blankets



**Feeling stressed out?** Daily life, current events, and the time of year can a be stressful for students, faculty and staff alike. The Service-Learning Team would like to remind everyone that Counseling services are available

on all campuses. The Counseling offices can provide personal counseling to assist students with academic, personal, and career concerns as well as crisis resources and referrals to local community counseling centers. Resources for MC employees are also available:

Germantown Counseling and Advising: (240) 567-7734
Rockville Counseling and Advising: (240) 567-5063/4104
Takoma Park/Silver Spring Counseling and Advising: (240) 567-1480

Want to volunteer to support mental health? Check out **EveryMind**, a Montgomery County organization working to ensure mental wellness in Maryland communities. You can find current volunteer positions at **www.every-mind.org/get-involved/volunteer/** 

Text "Rockville" to 766-26



Get involved!

# **STUDENT** SPOTLIGHT

This month we're recognizing Fatima **Khan,** president of the Muslim Student Association at Rockville. Fatima is an active student on campus, passionate about social change, art and of course, helping others. As the daughter of Pakistani parents, she is also happy to share her cultural heritage with the MC community through the MSA.

Last month, Fatima participated in the World of Montgomery Festival: "One of my favorite experiences this semester was working with Student Life on the **World of Montgomery Festival.** Helping to design activities and then see those activities actually come to life is a great feeling! I thoroughly enjoyed meeting all the people who walked through the tent at the festival and talking to them. It was awesome."

As an MC student, Fatima has jumped headfirst into the opportunities to engage in social issues that have crossed her path. More recently, Fatima spoke at the One

Love Club's "Wraps & Other Ups" event centered on women's empowerment, including hijab-wearing Muslims. She also led a group discussion with the MSA to open a space for students to discuss their sincere feelings and concerns surrounding the presidential election.

When asked how service-learning has changed her, she responds, "It was so much easier to get involved and do things than I had thought. There are so many great opportunities around us I hadn't realized were there, and I'm really grateful to be a part of it." Fatima strives for balance between her school work, volunteering and social life. By recruiting her friends to get involved too, she finds

ways to combine socializing with volunteering.

Thank you Fatima for engaging so many students, sharing yourself with our community, and representing MC values!

"[As] a Muslim woman wearing a headscarf in America, I feel as though volunteering allows me to interact with all kinds of people and show them who I am rather than letting them assume something else based on what they may have seen or heard."

-Fatima Khan, President of the Muslim Student Association

MC Rockville would like to invite all service-learning students and student volunteers to the Volunteer Appreciation Celebration on December 7th. We will be gathering to stand together for MC values, recognize service-learning leaders, & encourage students to share ideas for supporting radical inclusion, education and kindness with Student Life.

Have your students logged their service hours? Please remind them to share their impacts by Monday, December 5th to be eligible for Fall 2016 awards at montgomerycollege.edu/givepulse

Comm[unity] Service Celebration Wednesday, December 7th Rockville Campus Center 015, 2-4pm







#### **Upcoming Events**

-Can-Eat Pancake Breakfast with Phi Theta Kappa

**12/7**: Comm(unity) Service Celebration 12/12-12/16: Destress with Student Life during Finals

Winter Break, December & January: Manna Food Smart Sacks **Packing** 



### **Featured Opportunities with Junior Achievement for a Day**

12/3: Volunteer for the Kiwanis All-You Junior Achievement is an organization dedicated to giving young people the knowledge and skills they need to own their academic success, plan for their futures, and make smart economic choices. JA promotes work readiness, entrepreneurship and financial literacy in youth.

> Junior Achievement is currently looking for individuals and groups to volunteer one-time with 6th grade students in Montgomery County Public Schools. To view opportunities, visit: myja.org/volunteers/

MC will be hosting a JA for a Day opportunity on Tuesday, March 14th during Spring Break. Save the date!

Quote of the Month

**EVERYONE CAN BE GREAT, BECAUSE EVERYONE CAN SERVE** 

MARTIN LUTHER KING JR

LEARN MORE AT MONTGOMERYCOLLEGE.EDU/SERVICELEARNING